

FITAOS PRESENTS

FREE GIRLS BIKE EVENT!



Join girls ages 8-17 for games, skills, snacks, and rides for **ALL ABILITIES!**

Led by FITaos coaches who are experts in FUN, RIDING BIKES, and PLAYING OUTSIDE!!

10am-1pm

SUNDAY APRIL 12, 2026

RIFT VALLEY

LOWER TRAILHEAD



BIKES + HELMETS AVAILABLE!

Pre-Registration Required

You will receive more details once registration is complete.

Sign Up at www.FITaos.org

For more information, email Sparrow admin@fitaos.org

